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# A Day in the Life at Castle Island

Early Childhood Ages 3 – 6 (including Kindergarten)

# 7:30-8:15 Before Care (Optional; Fee Applies)

Children play with toys and read books. Children may eat a breakfast from home during this time.

#### 8:15-8:30 Arrival

Children store personal items and greet their guides (teachers) and classmates.

## 8:30-11:30 Morning Session

The children begin their school day with a three-hour morning work cycle. They choose hands-on materials to work with to explore and practice concepts and skills in the following curriculum areas: Math, English and Spanish Language Arts, Geography, History, Science, and Sensorial Skills, and Practical Life Skills. The guides (teachers) observe the children's progress and invite them to individualized lessons. Children prepare and serve their own snack during this time. The cycle concludes with a Morning Meeting in English or in Spanish that includes: personalized greetings, personal news, weather, songs, and a group lesson presentation. Half-Day children are dismissed.

#### 11:30-12:30 Recess

Children have play time outside at the park, or inside in the auditorium.

#### 12:30-1:00 Lunch

Children set out their lunches that they have brought from home and eat with friends at small tables in the classroom; they work together to clean up and prepare for reading and rest time.

# 1:00-3:00 Rest time

Children hear a story read, in English or Spanish, then younger children usually nap; older children rest for 15 minutes and then are invited to begin the Afternoon Session in a separate classroom.

## 1:15-3:15 Afternoon Session

Children participate in the second work cycle (description above). Special classes are offered at this time for children in their third year, Kindergarten: Creative Visual Arts, Movement with Music, Movement with Sports, Music Composition and Theater Arts. Full-Day children are dismissed to go home or to attend the After Care program.

## 3:15-5:30 After Care (Optional; Fee Applies)

Children play for outside (or inside in the auditorium), have a snack, and play in the Care space.

Diane Nickerson, Founding School Director

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